2019 Early Care & Education Conference

The Importance of Self-Regulation

January 19, 2019
7:30 am - 4:00 pm

St. Petersburg College
Clearwater Campus
2465 Drew Street
Clearwater, FL 33765

Presented By:

St. Petersburg College
Juvenile Welfare Board
PINELLAS CHAPTER
Florida Association for the Education of Young Children

pdi Professional Development Institute
Early Learning Coalition of Pinellas County, Inc.

pdl Child Care License Program
For Children’s Centers and Family Child Care Homes
Dr. Barbara Sorrels’ own experience as a parent, caregiver, university professor, consultant, and Children’s Pastor brings a unique and relatable quality to her work, speaking, and writing. Dr. Barbara is Executive Director of The Institute for Childhood Education, a professional development and consulting firm for those who live and work with children.

Dr. Sorrels has over 20 years of classroom experience teaching children of all ages in child care, kindergarten, and elementary school classrooms, as well as over five years’ experience teaching graduate and undergraduate students at the University level.

She also founded and directed early childhood centers located in Washington, D. C. and Fort Worth, Texas.

Dr. Sorrels holds a doctorate in Early Childhood Education from Oklahoma State University, a master’s degree in Christian Education from Southwestern Seminary, and a bachelor’s degree from the University of Maryland.

She served for over five years on the faculty of Oklahoma State University teaching in the Early Child Education program.

She is married to Bob Sorrels, and they have two daughters and two grandchildren.
Ron Mohl holds a B.A. from Florida Atlantic University and brings over 19 years of experience in the education industry to his position of Lead Educational Presenter for Lakeshore Learning Materials. Ron is a CLASS certified classroom observer for both Toddler and Pre-K classrooms. Ron has also studied at the Environmental Rating Scale Institute for ECERS-3 and ITERS. In this role, Ron has collaborated with school districts to enrich their scope of instruction and summer programs as well as public and private institutions to provide professional development related to curriculum including Creative Curriculum and High Scope.

Ron’s experience with Head Start programs spans across the country with keynotes in State, Regional, and National conferences and Ron has contributed educational strategies to military child development centers around the world including London, Italy, South Korea, and Japan.

By focusing on the importance of play in the learning process, Ron’s interactive trainings help educators enrich curricula that relates to being a partner in play through authentic experiences with children.
Schedule:

Registration: 7:30 am - 8:00 am
Announcements & Keynote: 8:00 am - 9:45 am
Session A: 10:00 am - 11:30 am
Lunch: 11:30 am - 12:45 pm
Session B: 12:45 pm - 2:15 pm
Closing Keynote: 2:30 pm - 4:00 pm

MUST READ!
IMPORTANT CONFERENCE INFORMATION

This Conference is intended for Teachers, Directors and other Educators who work with young children

Breakout sessions are designed for educators who work with:

*I**T** = Infants & Toddlers age (0-2)
*E**C** = Early Childhood age (3-5)
*I**N**C = Inclusion
*D**I**R = Directors

Please Note:
Refer to the abbreviated target audience code (ie “IT”) listed next to each workshop description to ensure you are attending a workshop that best suits your needs.

All attendees will participate in breakout sessions A and B, as well as hear our fabulous opening and closing keynote speakers.

We will be partnering with the Florida Association for the Education of Young Children (FLAEYC) to provide online CEUs for this year’s conference. Participants are eligible to purchase .6 Early Childhood CEUs through FLAEYC’s online system. There is no need to pre-pay. All CEU payments will go directly to FLAEYC. CEUs can be purchased up to 14 days following conference. The estimated cost for conference CEU’s is $29.00

Information on CEUs will be included in your conference folder on the day of the conference. For information prior to the conference date, please contact Catrenia Wilson-Paul at cwilson-paul@elcpinellas.net
Registration
Conference Fee $25.00

**PLEASE READ BEFORE RegisterING**

Pre-registration for each session is required.

PLEASE FOLLOW INSTRUCTIONS BELOW

1. Review all of the session workshops on the brochure prior to registering online.

2. Registration opens on Tuesday, December 5th at 8:30 am.

3. You may register by clicking: HERE or at the Early Learning Coalition website: http://elcpinellas.net/trainings

4. You will choose one class for each of the two breakout sessions.

   Areas of interest include:

   IT-Infant/Toddler
   INC-Inclusion
   EC- Early Childhood
   DIR-Directors

5. Follow the steps to sign in or register using your last name and email address of record.

6. Follow registration instructions listed on each page.

7. Double check to make sure the sessions you select are what you want to attend.

   No changes can be made once you select them.

8. Submit payment: (Visa or Mastercard only).

9. You will receive an email confirming your registration and details.

10. Please print out your confirmation e-mail and bring it with you to the conference.

Seating is limited. Pre-registration is required
No admittance after 8:15 am
Keynote

Opening Keynote

8:00 am - 9:45 am

The Importance of Self-Regulation

The capacity to regulate one’s emotions, behavior and thinking is essential to successful relationships, play and learning. In this session participants will learn how self-regulation is developed and how to help children who have not successfully achieved this milestone learn to self-regulate. Participants will:

• Identify and define the components of self-regulation
• Describe the difference between top-down and bottom up self-regulation
• Know how brain development and self-regulation influence each other

Closing Keynote

2:30 pm - 4:00 pm

Making Connections through Intentional Instruction

We will address intentional teaching strategies in the early learning environment and employ them to achieve the most out of children’s play and lead them to school readiness. We will consider the physical environment, daily schedule, and interactions that are both child and teacher directed. These curriculum neutral strategies will be seen as an integral part of lesson plans and teachable moments. Participants will be able to:

• Align specific teaching strategies to five early learning domains
• Initiate learning activities with essential questions
• Complement child directed activities with scaffolding feedback
A-1: The Impact of Trauma on Learning - IT/ INC/ EC/ DIR

Presented by: Dr. Sorrels, The Institute of Childhood Education

Trauma results in a multisystem failure of attachment, self-regulation, sensory processing, social skills and learning. Children with a history of trauma often struggle with cause and effect relationships, the use of symbols, sequencing information, short-term memory and language development.

A-2: Rockin’ the Blocks - EC

Co-Presented by: Beverly Sexton and Adrienne Ulevich, Pinellas County Schools

Participants will learn the developmental stages of block play and how these connect to children’s development. They will learn new ways to enhance their block center and encourage children to work in the block center.

A-3: Early Literacy Through Storytelling - EC

Presented by: Heather Forsythe

Participants will engage as they learn the value of oral storytelling, including the physical benefits of processing a told story filled with rich language, the social emotional connection children receive from stories, and how teachers can later use stories as support for classroom management skills.

Storytelling is a wide-ranging activity that engages children and easily integrates various curriculum topics and development. This activity provides opportunities for teachers to assess comprehension as they invite students to retell the story with simple table puppets or through dramatic play. Participants of workshop will also partake in the activity of creating a story based on common classroom issues.
A-4: Infants and Toddlers and Blocks...Oh My! - IT

Presented by: Angela Loring, Early Learning Coalition of Pinellas County

Blocks are the most versatile play material in the center/family childcare home, stimulating development and learning in all domains. This interactive session provides practical guidelines and strategies specifically designed for infant/toddler block play. Participants will learn stages of block play, how to set up developmentally appropriate experiences, and how to use blocks across the curriculum.

A-5: Solutions for Everyday Challenges - EC

Presented by: Maria Strandlof and Chris Davis, Pinellas County Schools

Participants will learn creative and innovative social skills strategies that they will be able to use for challenging behaviors in an early childhood classroom. They will learn how to create a welcoming classroom. They will learn strategies for building relationships in Early Childhood classrooms.

A-6: Rituals to Include Within the Pre-K Day - EC

Presented by: Katherine Goulet and Donna McMann, Pinellas County Schools

This workshop will offer activities that can establish rituals within the classroom to help develop a healthy class community. Student activities within each part of the day will be introduced as well as activities to help with transitions. An introduction to student commitments that will allow students to self-monitor behavior will be offered as well as Songs and Chants that can be implemented.

A-7: Outdoor Classroom Learning Environment - EC

Presented by: Denise Roach and Stephanie Martin, St. Jerome Early Childhood Center

Everything that a child can do and explore inside can be available outside – from music to art, to science and nature, to construction, to water & sand play, to dramatic play, and more. Explore ways cultivating an outdoor classroom environment where all domains of the preschool curriculum are enhanced in a natural setting. Children with differentiated learning styles and abilities will find success through exploration, inquiry, and their own curiosity about the world. Learn how to get started and how to repurpose materials to create an outdoor learning space for preschool age children. Incorporate the FL State Developmental Learning Standards in a calm, sensory-rich setting where children engage in activities that foster a love of learning.
A-8: Yoga for Challenging Behavior - INC

Presented by: Ashley Hinds, Flower Child Yoga, LLC

Yoga is popping up everywhere, and is gaining popularity in schools. Meditation and mindfulness practices have shown to improve behavior in the most difficult students and environments. Learn why yoga and meditation work so well with children and how to incorporate these principles into your classroom for a more pleasant environment overall and a powerful tool set for addressing challenging behavior.

A-9: Walking in Kindergarten Shoes - EC

Presented by: Croley Baird and Connie Bauer, Pinellas County Schools

Want to get children ready for K? Then join us as we discuss important Kindergarten Readiness Skills and provide you with tips to best prepare children for a successful Kindergarten adventure. This training will help you to understand the expectations for kindergarten readiness and assist in developing strategies to prepare children for kindergarten.

A-10: So Much to Do, So Little Time: Time Management for Educators - IT/ INC/ EC/ DIR

Presented by: Kristy Pinkney, Play University Training and Education

In this workshop, participants will learn how to manage their very busy schedules and keep their sanity! Staff will learn essential strategies for organizing their classroom, their office, and their lives, in an effort to obtain true work-life balance. Come learn some great tools for managing your time effectively, because after all Happy Educator, HAPPY LIFE!!


Presented by: Kiki PetersTrainer, Child Care WAGE$® FLORIDA

The T.E.A.C.H. Early Childhood® Scholarship Program and Child Care WAGE$® Program links training, compensation, and commitment to improving the quality of early care and education experiences for young children. This presentation will provide participants with an overview of both programs including the application and award process, navigation through the program websites highlighting resources and tools available, and an opportunity to ask questions and clarify information.
A-12: Classroom Makeover or the Toddler Takeover! (Classroom Management) - IT

Presented by: Ken Buchanan, Early Learning Coalition of Pinellas County

This presentation will focus on effective classroom management in a Toddler atmosphere. Classroom management extends to everything that teachers may do to facilitate or improve learning for young children, which would include such factors as behavior, environment, expectations, materials, and activities. Participants will have an opportunity to make and take tools and materials presented throughout the training.

A-13: Transition to Kindergarten: Team Up with Preschool Kindergarten Partnership (PKP) - EC

Presented by: Gail Ramsdell, Pinellas County Schools

Participants will learn about the work of the Preschool Kindergarten Partnership (PKP) and how PKP can support the transition of their students to kindergarten. Information will be shared regarding the Preschool Kindergarten Partnership information form as well as activities for successful transition activities.

***Lunch Break***

11:30 am - 12:45

Lunch box choices will include:

- Turkey Sub
- Ham Sub
- Veggie Sub

Lunch box choices will include:

Turkey Sub, Ham or Veggie Sub
B-1: Sensory Processing - IT/ INC/ EC/ DIR

Presented by: Dr. Barbara Sorrels

80% of children with a history of trauma will have sensory processing disorder. The proprioceptive, vestibular and interoceptive systems are typically not functioning. Sensory processing disorder impacts children’s ability to self-regulate and learn. Creating a sensory rich environment that supports sensory processing is critical to an effective learning environment.

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**B-8: Be Conscious. It Counts! - INC**

Presented by: Jessica Miller, Loving Arms Christian Preschool

Intentional strategies to work with sensory challenged children that can and will make a difference for themselves and the entire classroom. This training will help you to understand effects that excessive screen time has on children and learn what resources can be used to make sensory accommodations.


Presented by: Samantha Staley, Community Outreach Champion, DOH-Pinellas and April Putzulu, Strategic Communications Manager, JWB

Only 28% of infants in Pinellas County are still being breastfed at 6 months, and yet the American Academy of Pediatrics recommends exclusive breastfeeding for all babies for a minimum of 6 months and continued breastfeeding for a year or more. Every month in Pinellas, one baby dies from unsafe sleep practices. Low breastfeeding rates and unsafe sleep contribute towards high infant mortality. Be part of the solution to ensure optimal nutrition and safe sleep for infants! Become a Breastfeeding Friendly Childcare Provider, learn how you sleep baby safely, and learn ways to support parents in their efforts at home.

**B-10: Supporting Staff through Reflective Practice - DIR**

Presented by: Jacqueline C. Malone, LCSW, Family Study Center – Infant Family Program USFSP

This is a workshop for Directors and Managers. Using brain science, participants will understand how emotional regulation for staff and children are relationship dependent. Experiential activities will be used to emphasize the importance of personal bias, beliefs, and life events that affect staff daily. Discussions (through the use of the process of Appreciative Inquiry) will focus on identifying how best to support co-regulation in schools without adding additional time and stress to the day.

**B-11: Dealing with Challenging Behaviors! - IT/ INC/ EC/ DIR**

Presented by: Shari Iovino, Suncoast Center, Inc.

This training will provide you with information on where behaviors could be coming from and how to deal with them. It will provide an overview of what children need to be ready to enter a classroom setting. This training will provide interventions that can be used either in a classroom setting or at a home setting. This will review how to change language that we are using in order to get what you want from the child and also in relation to the child. There will be a discussion on Adverse Childhood Trauma (ACES) and what that may look like in a child. We will touch on how to identify sensory issues and who you can refer them too.
**B-12: Pinellas County Community Model Provides Access to myON Reader for all (birth-5th grade) - EC**

Presented by: Irene Castro, myON Reader by Renaissance

myON is a multi-faceted platform with numerous resources and tools. However, at its core, myON is a personalized literacy environment built to foster the joy of reading that leads to growth and grade-level proficiency, and this is where professional development begins for your school, district or community. Research shows that students tend to read more when they have choice and ownership over their reading and learning. That's the core behind myON! Student can choose titles from their recommended list from the full myON library. The more students read in their just-right range, the more meaningful practice they will get as they develop and hone their reading skills.

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A very special Thank You

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